

personal care consultants

Training Portfolio 2019



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Training Portfolio

Introduction

Personal Care Consultants Ltd. has over 20 years experience in developing and delivering high quality social care and health and safety training courses.

The trainers we engage are all practising in their respective fields and use this up to date knowledge and experience to deliver training courses which are relevant, engaging and emphasise application to practice.

Care staff we have trained often comment that the experience of our trainers make our courses useful to their everyday job roles and that they will go on to apply what they have learnt in their day to day work.

Over the past 3 years Personal Care Consultants has delivered more than 1500 days of training to health and social care staff for over 20 Local Authorities. We have also completed:

- 165 OT equipment reviews
- 160 Social Work assessments made up of judicial review and best interests reports prepared for the Courts
- 215 Medico-legal assessments for the Courts
- 995 Manual handling risk assessments

The depth of our current practice experience ensures that our training courses are relevant and theories taught can be applied directly to practice issues.

In this training portfolio we have detailed some of our newest and most popular training courses in both social care and health and safety. This is merely a selection of the training which we can deliver and if you do not see the course you are looking for on these pages please do not hesitate to contact us with your enquiry either via e-mail to training@thecareplan.com or by completing our online enquiry form at our website www.thecareplan.com.

We pride ourselves on providing bespoke training solutions and look forward to receiving your enquiries.

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Manual Handling Passport A-F

The introduction of the All Wales NHS and Local Government Passport Scheme defines best practice in relation to manual handling throughout Wales and it has been suggested by the Health and Safety Executive that this model of training should become "UK Wide" in an attempt to benchmark training nationally. The "Passport" lays down a template for manual handling training, is compliant with the requirements of the Interprofessional Curriculum and the Manual Handling Operations Regulations.

This two day course is based on the good practice guidance contained in the All Wales NHS and Local Government Manual Handling Training Passport and Information Scheme and will cover the standard A-F modules shown below

- ◆ Module A Introduction
- ◆ Module B Inanimate Load Handling and Practical Application of Ergonomics
- ◆ Module C Sitting, standing and walking
- ◆ Module D Bed Mobility
- ◆ Module E Lateral Transfers
- ◆ Module F Hoisting

We also deliver a half day course covering Manual Handling Passport A&B modules only.

Manual Handling Passport Refresher

This one day course should be delivered at least 3 yearly following the initial Passport A-F training and will enable candidates to:

- ◆ Understand how incorrect manual handling and poor posture can contribute to injury.
- ◆ Be familiar with current good practice in relation to manual handling and be able to advocate a range of current basic safe handling techniques and equipment.
- ◆ Have gained knowledge of a range of equipment to assist with manual handling operations.
- ◆ Be conversant with the legislative framework surrounding Manual Handling Operations.
- ◆ Be competent in undertaking a manual handling risk assessment as dictated by the Manual Handling Regulations.

Manual Handling Refresher for Occupational Therapists

This one or two day course, depending on requirements, will cover the following:

- Examine current levels and trends of reported musculo-skeletal disorders in the work place
- Raise your awareness of how your job may increase the potential risks associated with musculo-skeletal disorders
- Anatomy and physiology of the spine - An in-depth look at the normal spine, how we can sustain injury to the spine and explore some potential treatments following injury.
- Explore how injuries, particularly to the back may occur and identify how the risk of these injuries can be reduced
- Identify how current manual handling and health & safety legislation impacts on you and your employer / review of current legislative framework to include:
 - ◆ Health and Safety at Work Act 1974
 - ◆ Management of Health and Safety at Work Regulations 1992
 - ◆ Manual Handling Operations Regulations 1992 (updated 1998)
 - ◆ Provision and Use of Work Equipment Regulations 1998
 - ◆ Safe Use of Lifting Equipment Regulations 1998
 - ◆ The Human Rights Act 1998
 - ◆ Mental Capacity Act 2005
 - ◆ Social Services and Wellbeing (Wales) Act 2014

Using a workshop approach this session can be used to focus on specific and particular issues raised by course candidates. This can include group discussions - using a problem solving approach to consider real life manual handling dilemmas and scenarios.

- To introduce principles of posture awareness and safer manual handling
- Explore a range of practical techniques providing course candidates the opportunity to practice to ensure competency.
- Discuss current legal cases in relation to manual handling practice
- Single handed care - discussion and practice
- Provision of equipment

Paediatric Manual Handling

This course is based on the good practice guidance contained in the All Wales NHS and Local Government Manual Handling Training Passport and Information scheme and will cover the standard A-F Modules but will be specific to the paediatric client group.

We will look at the differences between Adults and Children in respect to the law, reviewing both the Human Rights Act 1998 and the Children Act 2004 with regards to balanced decision making and the risk assessment process in respect of the family context whilst covering the following modules:

- ◆ Module A Introduction
- ◆ Module B Inanimate Load Handling and Practical Application of Ergonomics
- ◆ Module C Sitting, standing and walking
- ◆ Module D Bed Mobility
- ◆ Module E Lateral Transfers
- ◆ Module F Hoisting

Single Handed Care Assessment

This 2 day interactive course provides candidates with the opportunity to fully understand one of the biggest changes seen in health and social care in recent years. This change is essential if we are to meet the current and future demands placed on health and social care services. Upon completion of the course each course candidates will be fully up-dated in relation to the theory and practical elements associated with single handed care and learn how to implement a cost effective, safe and alternative method of delivering health and social care. The aims and objectives are detailed below:

- ◆ To introduce the concept of single handed care and explore why it is necessary
- ◆ To carry out a benefits and burdens analysis of single handed care
- ◆ Working with health and social care staff and service users to recognise the potential for single named care
- ◆ Change management/managing expectations
- ◆ Single handed care risk assessment/case studies
- ◆ Principles of good posture
- ◆ Explore a range of new equipment designed to facilitate single handed care in relation to sit to stand transfers, bed mobility and hoisting equipment
- ◆ To demonstrate and practice using a range of equipment specifically designed to promote single handed care and practice a range of single handed care techniques

We also deliver a one day refresher course.

Manual Handling Risk Assessment

Aims and Objectives

- ◆ To examine how the body works and how injuries, particularly musculo-skeletal to the back, can occur
- ◆ To understand what is meant by manual handling operations
- ◆ To improve awareness of manual handling operations regulations 1992 (updated 1998) and the responsibilities of the employer and employee
- ◆ To explore the legislative framework surrounding manual handling with emphasis on the Human Rights Act 1998 and issues of abuse
- ◆ To introduce principles of safe manual handling
- ◆ To demonstrate and allow practice of a range of manual handling equipment
- ◆ To demonstrate a range of safe and appropriate manual handling techniques
- ◆ To raise awareness of risk and the ways in which course participants can contribute to risk assessment

Manual Handling for Teaching Assistants

This one day course was developed at the request of a Local Authority Education Department. The aims of this course are as follows:

- ◆ To understand what is meant by Manual Handling
- ◆ To examine current levels and trends of reported musculoskeletal disorders in the workplace
- ◆ To raise awareness of how your job may increase the potential risks associated with musculoskeletal disorders
- ◆ To explore how injuries, particularly to the back may occur and identify how the risks of these injuries can be reduced
- ◆ To introduce principles of posture awareness and safer manual handling
- ◆ Explore the safe and efficient use of manual handling equipment such as hoists and slings

Client Specific Moving and Handling/Risk Assessment

We deliver client specific moving and handling training and can provide care plans/risk assessment. Please contact our head office on 01244 390 677 to discuss any requirements.

Back Care Awareness for Informal Carers

Course Outline—Half Day Course

The aim of this course is to enable people to apply a safer approach to moving and handling in order to reduce risk to themselves and others

Aims/Outcomes

- ◆ To examine how the body works and how injuries, particularly to the back, can occur
- ◆ To understand what is meant by Manual Handling Operations
- ◆ To introduce principles of safe manual handling
- ◆ To demonstrate a range of safe and appropriate manual handling techniques
- ◆ To raise awareness of risk and the ways in which carers can contribute to risk

Hoist Training

Course Outline—Half Day Course

During this half day course we cover the following:

- ◆ The principles of posture awareness and safer manual handling techniques
- ◆ Module F - Hoisting
- ◆ Competency in Fitting and Removing Slings

Falls Awareness

This one day course has the following Aims and Objectives

- ◆ To compare statistical information on the incidence of falls including the cost of falls to social services and health services
- ◆ To look at the impact of falls on the individual; both physical and psychological
- ◆ To raise awareness of the potential causes of falls looking in particular at medical causes and environmental causes
- ◆ To explore sensory deficits and their impact on falls
- ◆ To consider Risk Assessment
- ◆ To look in detail at falls prevention strategies:
 - ◆ Signposting to other agencies / professionals
 - ◆ Telehealth care
 - ◆ Transfers / Moving & Handling techniques and equipment
 - ◆ Physiotherapy exercise regime
 - ◆ Home safety assessments

Wheelchair Training

Aims and Objectives:

- To understand what is meant by Manual handling in relation to wheelchair handling
- To explore how injuries, particularly to the back occur
- To consider how muscular skeletal injuries can be reduced when pushing and handling wheelchairs
- To identify how legislation impacts on moving and handling wheelchairs including pushing a wheelchair
- To explore various transfers into and out of a wheelchair to and from various surfaces
- To revisit principles of good posture in relation to handling a wheelchair.

Trusted Assessor Course

BTEC Advanced Award in Provision of Community Equipment

BTEC Advanced Award in Provision of Community

Legislation and guidelines published in both England and Wales since 2006 have advocated placing an increased importance on Community Equipment services. These services should be more efficient, streamlined and work in partnership with other services so that service users are receiving the assistance they require as quickly as possible.

The role of the Trusted Assessor in this process of improvement is advocated and training staff up to this role is a key way in which the efficiency of services can be improved.

Personal Care Consultants can offer relevant training to help meet these new requirements in the form of our **BTEC Advanced Award in Provision of Community Equipment**. The national award meets the requirements of the **Department of Health Competence Framework for Trusted Assessors** and was developed as a specific award in response to government guidance, namely the Audit Commission Fully Equipped National Report 2000, and its later update, which is referred to in the new guidelines for Wales.

We have now been running this programme for 4 years and have delivered the course throughout the UK with over 250 trainees successfully completing the Award. The Award enables health and social care organisations to train their employees to assess for and provide targeted equipment within current legislative framework and documents their competency as “**Trusted Assessors**”.

The course is delivered over 3 or 4 days depending on the client group and requirements. The initial 2 days are delivered consecutively with the 3rd/4th day taking place 4 weeks later.

Assessment for the course involves both written pieces and practical assessments and consists of 11 assignments. The award consists of three units:

Unit 1 Providing Community Equipment

This unit confirms the importance of the provision of equipment; planned outcomes; medical conditions at a level necessary to assess for and provide equipment including contra-indicators

Unit 2 Introduction to Legislation

This unit provides knowledge and skills needed to consider the legislative context for the provision of equipment and minor adaptations. It recognises the boundaries of professional responsibility in the provision of community equipment.

Unit 3 Assessing for Community Equipment

This unit provides learners with the skills and knowledge needed to consider the assessment and provision of targeted aids and equipment related to domestic routines and personal care. It considers how to promote independence within the home environment.



Candidates fitting chair raisers on the course

BTEC Advanced Award in Provision of Community Equipment

Each unit consists of 30 hours study time, a one day training session and 24 hours of self study. The use of experiential learning sessions, work based assessment and assignments help candidates explore, analyse and apply practical skills.

Entry Requirements

This course is aimed at Social Workers, Social Work Assistants, District Nurses, Health Care Assistants, Support Workers, Home Care Organisers and Workers, Rehabilitation & Enablement Teams, Disability Officers, Equipment & Adaptations Officers and OT Assistants.

In order to meet the requirements for entry onto the course candidates will need to have at least one of the following qualifications and/or experience:

- NVQ Level 3 or higher in care related areas
- DipSW or equivalent
- Professional Nursing qualification
- 1 year experience of working with people with disabilities (evidenced by line manager)
- Up to date Manual Handling of People Certificate



Disability Officers from Bury MBC with their BTEC Certificates

The award is continuously assessed and consists of 11 assignments, a witness testimony and the completion of a reflective diary. A variety of formats are used including; scenarios, multiple choice, written questions and answers, projects, simulations and hands-on work based assessments.

The final assignment consists of the candidates carrying out 5 service user assessments of which one must be carried out in the presence of an OT, who provides a witness testimony statement.

The assignments are assessed on a pass or not yet passed basis.

A reflective diary is kept throughout the course. This provides supplementary evidence for the final assignment and plays a part in the assessment decision.

Quality Assurance

There is a robust system in place to ensure that quality is maintained. Assignments undergo a rigorous marking process which includes assessment, internal verification by fellow tutors and external verification by a representative from Edexcel.

Personal Care Consultants run a number of Open Courses in the BTEC Advanced Award in Provision of Community Equipment per year at our head offices in Chester. The course can also be delivered for groups of between 5 and 10 at a venue of the commissioner's choice.

For a full course portfolio or to discuss your requirements please do not hesitate to contact us either by e-mail training@thecareplan.com or by telephone 01244 390677.

Dementia Awareness Training

Personal Care Consultants Ltd. provide a range of Dementia training courses. This one day introductory session will give care staff a working knowledge of the types of dementia, signs and symptoms, the effect the illness can have on both the individual, their relatives and carers and associated topics such as Mental Capacity.

This course, like all our training, places an emphasis on values such as choice and dignity and involves practical sessions where trainees can really get a sense of how the illness effects service users and how to see it from their point of view.

With the number of people affected by Dementia set to double to 1.4 million in the next 30 years it is increasingly important that all care staff have a basic understanding of the illness and its signs and symptoms in order to be able to facilitate earlier interventions and to provide high quality, outcome focused care.

Learning Outcomes

By the end of the course participants should :

- Develop an understanding of Dementia
- Understand the effects on the individual and their family and carers
- Identify the signs and symptoms of Dementia
- Develop an understanding on how myths can affect the quality of care delivered to the individual
- Analyse the basic rights of people with Dementia
- Develop an understanding of Personhood in Dementia care and the principles of working in a person centred way
- Understand what (Mental) Capacity and Incapacity are

The course utilises a varied methodology and includes practical activities, tasks, presentations and video case studies.



Video case studies such as John's story (pictured left) depict the journey from early symptoms through visits to Doctors and Psychiatrists and diagnosis with late onset Dementia. The video case studies then show John's adaptation to life with Dementia, prescription of medication and his thoughts on diagnosis, support from his wife and his medication. These videos encourage trainees to see the person behind the illness.

For further information or to request a copy of the full course proposal and programme please do not hesitate to contact us either via e-mail: training@thecareplan.com or by telephone **01244 390677**.

Managing Challenging Behaviour for Older People's Services

In many cases individuals with Dementia may start to exhibit new, and often challenging, behaviours to their relatives and carers. Our two day Managing Challenging Behaviour for Older People's Services course takes a holistic approach to working with people whose behaviours sometimes challenge.

Day 1 of the course considers behaviour as a form of communication and looks at verbal and non-verbal triggers which precede the behaviour so that consideration can be given to de-escalation or prevention rather than intervention. Emphasis is also given to the need for person centred planning and the development of communication profiles so that care staff can offer consistency of approach which can radically improve situations for care staff and those they provide care for.

Day 2 moves on to look at breakaway and holding techniques of physical intervention which can be used to either leave or regain control of situations. The requirements for recording and reporting of any incident are considered before the training course closes with a session on support available to staff following incidents involving challenging behaviour.

Learning Outcomes

By the end of the course participants will have:

- Considered the legislation related to managing challenging behaviours
- Developed an awareness of signs and symptoms of conflict
- Explored issues of Person Centred Planning and the development of communication profiles
- Considered the exploration of triggers to inform risk assessments and care planning
- Practiced communication techniques including the use of verbal and non verbal components
- Explored how to defuse possible conflict situations and the use of diversion and distraction
- Practiced different types of physical intervention including breakaway in order to leave or regain control of situations
- Understood what is expected of them in terms of recording - appropriate methods and maintaining confidentiality
- Considered what they might expect in terms of staff care following an incident

For further information or to request a copy of the full course proposal and programme please do not hesitate to contact us either via e-mail: training@thecareplan.com or by telephone **01244 390677**.

Outcome Focused Care Planning

Our outcome focused care planning course can be used as a follow up to Person Centred Planning or as a stand alone training course for those staff involved in writing care plans for service users. Candidates completing this course will:

- Have an understanding of the Unified/Single Assessment Process and the emphasis on multi agency approaches to person centred assessments and outcome focused planning
- Have a knowledge of Person Centred Planning
- Develop awareness of the outcomes users and carers consider important, using research data
- Have a knowledge of Outcome Focused Care Planning - Describing outcomes, measuring outcomes and monitoring/reviewing outcomes
- Consider the links between care planning and care programming
- Have considered how to prepare materials for a follow up workshop day in applying the principles of outcome focused care planning and programming.

Descriptive Content

- Have an understanding of the Unified Assessment Process and the emphasis on multi agency approaches to person centred assessments and outcome focused planning

This section will explore an overview of the Unified Assessment Process, emphasising the connections between users and carers perspectives, outcomes determined by the service user and assessments that are proportionate to need.

- Develop awareness of the outcomes users and carers consider important, using research data
This section will outline a summary of the evidence from the research done by the Social Policy Research Unit at York University.

We also deliver Outcome Focused Care Planning as a module of our Enablement and Rehabilitation training programmes. This session is for those team supervisors and senior support workers involved in writing care plans for people using the Enablement service.

Enablement and Rehabilitation Skills

Personal Care Consultants can offer a range of Enablement and Rehabilitation training courses and consultancy to fulfill a range of needs such as :

- Training courses of between 1 & 3 days in length which equip home carers with the necessary skills for a move from care to enablement
- Overview training for those staff not directly involved in the Enablement team but who need to understand its purpose and function
- Consultancy on the function, format and processes involved in the inception of an Enablement team
- Outcome Focused Care Planning training for those staff who will be writing the care plans in the Enablement team
- Refresher and Workshop Enablement courses for established Enablement teams

We have produced an Enablement and Rehabilitation Skills portfolio which details 11 modules from which commissioners can choose to create their own bespoke course. Using this model allows us to tailor make a course covering the elements your staff need training on and leaving out anything you cover through other training resources.

Trainees attending our courses are given a comprehensive portfolio with nearly 200 pages of presentation notes, information and suggesting reading and resources which is used during the training but also provides a resource that they can refer to in future. A workbook is used alongside the portfolio for trainees to document their learning and this can be revisited during supervision sessions to assist with knowledge from the course being applied to their job role.

We have now delivered our Enablement and Rehabilitation Skills training to over 2000 care staff and other workers. The feedback has been overwhelmingly positive with some trainees commenting that it is 'the best training course I have been on' and that 'it will make me a better carer'.

1. Foundation - Introduction to Enablement and Rehabilitation	7. Infection Control (links to Modules 6 & 8)
2. Enablement in Context / Underpinning knowledge	8. Contenance Awareness (links to Modules 6 & 7)
3. Assessment Tools	9. Administration of Medication
4. Activities of Daily Living	10. Manual Handling
5. Recording and Reporting Skills	11. Outcome Focussed Care Planning
6. Tissue Viability (links to Modules 7 & 8)	

For further information or to request a copy of our Enablement and Rehabilitation Skills training portfolio please do not hesitate to contact us either via e-mail: training@thecareplan.com or by telephone **01244 390677**.

Adaptations

This course aims:

- To enhance the knowledge of the relevant housing legislation affecting adaptations
- To understand when a housing adaptation is necessary, appropriate, reasonable and practicable
- To explore in detail the assessment process and identifying need, including practical elements ie. measuring
- To understand considerations when planning adaptations;
 - * Balancing need with available resources
 - * Future planning and adaptations to meet an individual's long term need
 - * Examples of good practice
- To explore considered specifications and minimum standards for adaptations;
 - * Ramps
 - * Wheelchair turning space
 - * Thresholds
 - * Lighting/Switches
 - * Specialist Equipment
- To interpret plans and improve and understand scale drawings
- Ensure plans meet client's needs
- Interpret plans and clearly explain the proposed works to client



Equipment Awareness

This course is tailored for each local authority and aims to:

- Understand the role of the Community Equipment Service with particular reference to future policy for the locality
- Understand the legal responsibility of the Community Equipment Service and the candidate's role in helping them achieve that.
- Understand the role of equipment in increasing independence.
- Be aware of when basic items of equipment are not fitted correctly/being misused
- Be aware that there may be more than one solution to the same problem and discussing choices including private purchase

Personal Care Training

Personal Care Consultants has developed a range of health and social care intervention modules for care workers including the following:

Aims and Objectives:

Our personal care training is designed to improve the knowledge and skills of health and social care workers. This has proved invaluable, relevant and essential training for all care workers in both community and residential care settings. This course has been extremely well received by many local authorities who report the training has been valuable for new employees as part of their induction and experienced staff alike. Previous course feedback has indicated that new employees have found the training essential in demonstrating what personal tasks they will be expected to assist clients with, and how to achieve a high standard of personal care. It has also allowed carers opportunity to practice and gain confidence in a controlled environment before working with their clients. More experienced members of staff have indicated the benefits of the course as they feel it is very easy to slip into bad habits. This course assists those carers to consider how to deliver the very best quality personal care and encourage them to consider alternative ways of completed personal care tasks and their benefits.

Due to the nature and diversity of the various aspects of the course, a range of teaching methods are used. These include appropriate ice breakers, powerpoint presentations, group discussions/brainstorming, use of scenarios and use of visual aids. These methods together with the use of assessment tools and quiz type testing ensure learning has taken place. The personal care course includes the provision of training notes and a work book providing evidence of training. Each candidate will be encouraged to complete practical care activities using our interactive life size mannequins and will be signed off as being competent on the day of the training.

The aims and objectives of the course include:

- Discussing what personal care is and consider what care tasks are involved when delivering personal care
- Determining the role of the social care worker
- Principles of care - consider what fundamental values are essential when delivering high quality personal care. Define dignity, respect, individuality, choice privacy, comfort
- Considering multi-cultural and social considerations when delivering personal care activities

Discuss the theory behind each of the following care activities and demonstrate/practice high quality personal care tasks:

♦Bathing/showering ♦Foot/Nail care♦Hair care♦Mouth care♦Bed bath♦Bed side wash
♦Observation♦Skin care♦Shaving♦Contenance care♦Infection control♦Consider the importance of physical and psychosocial observation

Medication Awareness

This half day course aims to:

- ◆ Improve your knowledge of forms of medicine
- ◆ Reduce any anxiety around the administration of medication
- ◆ Consider different types of medicines and how they can be administered
- ◆ Discuss common side effects
- ◆ Explore associated record keeping
- ◆ Advice and support

Infection Control

Infection Control – Hospital NHS trusts, local authorities and all other residential and community care organisations have a responsibility to ensure effective infection control procedures are used by all staff groups. Health and social care staff will benefit from this module by underpinning their practice with up to date research based knowledge. The infection control module is an interactive session where candidates use an ultra violet light source to demonstrate in-effective hand washing and, direct and in-direct cross contamination.

Aims and Objectives:

- To consider the definition of infection and infection control
- Identify common infections and infectious diseases
- Raise awareness of principles of infection control
- Preventing the spread of infection and cross contamination
- Complete infection control / MRSA quiz

To identify recommended methods of pressure sore prevention

Tissue Viability and Pressure Area Care

This course is designed to help to develop the knowledge and practical skills of health and social care workers when providing care to those who have poor tissue viability. The module is highly interactive and involves the participants carrying out a tissue viability risk assessment in order to determine if clients are at potential risk of developing a pressure sore.

Aims and Objectives:

- ◆ To consider the definition of pressure sores
- ◆ To identify factors that determine poor tissue viability
- ◆ Discuss costs associated with the treatment of pressure sores
- ◆ To examine a pressure sore risk assessment tool
- ◆ To identify recommended methods of pressure sore prevention

Urinary Catheter Care and Incontinence Care

- ◆ Explore why incontinence occurs and have an understanding of the different types and causes of incontinence including: urinary and faecal incontinence, stress incontinence, nocturnal, enuresis, etc
- ◆ Consider different continence products and how to assess for their suitability with clients: a sheet, pads, convenes, catheters, etc
- ◆ Discuss general infection control procedure associated with personal care
- ◆ Identify infectious diseases and their prevalence in the community
- ◆ Identify the causes of Methicillin Resistant Staphylococcus Auereus (MRSA) and Clostridium Difficile (C-Diff) and how these can cause infection

Diabetes Awareness

- ◆ What is Diabetes?
- ◆ Epidemiology and costs to the NHS
- ◆ Symptoms
- ◆ What is the cause?
- ◆ How can you treat the condition?
- ◆ How do monitor the condition?
- ◆ Blood control, Insulin administration, diet, exercise & general well being
- ◆ Short and long term complications

Epilepsy Awareness

- ◆ To raise the awareness of the causes of Epilepsy
- ◆ To consider how Epilepsy is diagnosed
- ◆ Explore different types of seizures
- ◆ Identify Status Epilepticus

Buccal Midazolam Awareness

- ◆ To consider what is Buccal Midazolam
- ◆ To identify why and when Buccal Midazolam should be administered
- ◆ Explore a Buccal Midazolam care plan

PEG Training

- ◆ What is Percutaneous Endoscopic Gastrostomy (PEG)
- ◆ How do I care for a PEG tube
- ◆ Daily PEG tube checks
- ◆ How to care for the skin around the PEG tube
- ◆ When to contact a healthcare professional for advice
- ◆ When to seek immediate professional help

Nutrition in the Elderly

- ◆ To give an awareness of the importance of a varied nutritional diet
- ◆ To describe how food is digested
- ◆ To discuss the function of food
- ◆ To discuss various methods of feeding and consider the most appropriate position for feeding
- ◆ To discuss options of ensuring nutritional needs are met when dealing with intolerances/allergies etc
- ◆ To consider food preparation and presentation when using thickening agents

Other Training

Stress Management

This one day course aims to help staff understand and recognise the signs and symptoms of stress. It will raise awareness of the trainees own stress points and will consider techniques and activities to create a healthier sense of well-being.

Training Testimonials

Feedback from PCC Training

"Course was delivered very well and was very informative. Very helpful Tutor in and out of the lecture room. Easily able to contact the office for further support and very prompt reply." - Trainee, BTEC Award for Provision of Community Equipment, February 2019

"Excellent and very engaging course" - Trainee, Manual Handling Passport A-F Course, January 2019

"Very enjoyable course, presented in easy to understand terms" - Trainee, Client Specific Training, November 2018

"You (PCC) are my first port of call because I know that the quality of what you can deliver is faultless and your trainer always seems to hit the mark with their delivery." - Training Commissioner, October 2018

"Very useful course, trainer knows her stuff" - Trainee, Manual Handling Passport Refresher, June 2018

"Brilliant course, every aspect of the course was useful" - Trainee, Reablement, February 2018

"Trainer was excellent at delivering the training and keeping our attention throughout" - Trainee, Reablement, June 2017

"A big thank you to all at PCC for the thoroughly enjoyable and useful training." - Commissioner, March 2017

"We have had some excellent training from you over the last 3 years, thanks for your support." - Commissioner, April 2016

"We have had staff members come to us and tell us this is the best training course they have been on." - Commissioner

"Fantastic delivery, very indepth knowledge of subject" - Trainee, Care Act 2014, Feb 2015

"I have found working with Personal Care Consultants has been a pleasure...[they] are approachable, friendly and helpful and will go the extra mile where possible." - Commissioner

"Very well presented. Very knowledgeable, presented in an accessible way" - Trainee, Mental Capacity Act, - January 2015